

**THIS FORM SHOULD BE COMPLETED BY THE EXAMINING DOCTOR  
AND PROVIDED TO THE REQUESTING ORGANISATION / DRIVER**

Assessing Fitness to Drive 2012

**Health Assessment of Commercial Vehicle Driver**

**FITNESS TO DRIVE REPORT**

(Note: this report relates to the driver's fitness for duty and is not to be used for driver licensing assessments)

<b>Driver information:</b>	Surname:	Given name(s):	
Address:			
Phone:	Date of birth:	Driver Licence no.	State of issue:
<b>Employer information:</b>	Name:		
Address:		Contact phone number:	
<b>Nature of driving duties:</b>			

<b>Assessment outcome:</b>			
I was familiar with the driver's medical history before conducting this assessment		<input type="checkbox"/> Yes	<input type="checkbox"/> No
I have sighted the driver's licence		<input type="checkbox"/> Yes	<input type="checkbox"/> No

**I have examined the driver in accordance with Assessing Fitness to Drive 2012 standards for commercial vehicle drivers, and in my opinion the driver (tick ONE box from 1 to 4 and indicate recommended management):**

**1. Unconditionally meets the medical criteria for fitness to drive**  
Meets all relevant medical criteria. No restrictions or conditions. See recommended date of next review below.

**2. Conditionally meets the medical criteria for fitness to drive**  
Has a medical condition that may impact on fitness to drive, but it is well controlled and meets the **conditional** criteria in *Assessing Fitness to Drive 2012*. May require person to be more frequently reviewed than prescribed under normal periodic review. See recommended date of next review below.  
Person is required to wear the following aids/devices:  
 Corrective lenses       Hearing aid       Other aids/devices (specify):

**3. Temporarily does not meet the medical criteria for fitness to drive**  
Does not meet relevant medical criteria (Unconditional or Conditional) and should not undertake normal driving duties. May perform alternative tasks. May return to driving following: an improvement in condition, response to treatment or confirmed diagnosis of undifferentiated illness.

**4. Permanently does not meet the medical criteria for fitness to drive**  
Does not meet relevant medical criteria and cannot perform normal driving duties in the foreseeable future.

<b>Recommended management:</b>	
<input type="checkbox"/> Local doctor referral	<input type="checkbox"/> More frequent periodic review (see recommended review date below)
<input type="checkbox"/> Specialist referral	<input type="checkbox"/> Other, please describe (Please attached additional information to the form if required)
<input type="checkbox"/> Laboratory tests	
<input type="checkbox"/> Drug test	
<input type="checkbox"/> Practical driver test	

<b>Recommended date of next review (from date of assessment):</b>			
<input type="checkbox"/> 1 year	<input type="checkbox"/> 2 years	<input type="checkbox"/> <b>3 years</b> Maximum for Commercial Vehicle Drivers in Western Australia	

<b>Health professional's details: Doctors Name and Stamp Required</b>		
Name:	Phone:	Facsimile:
Practice address:		
Signature:	<b>Date of assessment:</b>	

**A COPY SHOULD BE RETAINED BY THE EXAMINING DOCTOR**

### **ASSESSING FITNESS TO DRIVE (Pages 3 to 6)**

#### ***Driver Health Questionnaire***

The *Driver Health Questionnaire* is a screening tool to help identify conditions that might affect a person's capacity to drive safely. It is completed by the driver at the health assessment. The questionnaire is not a diagnostic tool and no decision can be made regarding the person's fitness to drive until a full clinical examination is performed.

The examining doctor will need to review the answers with the person to ascertain relevant detail and guide the clinical examination, including the conduct of additional tests.

Dishonest completion of the questionnaire may be an issue. Drivers are required to sign the completed questionnaire in the presence of the examining doctor as a declaration of the completeness and accuracy of the information. The doctor then countersigns. If the driver refuses to sign, the examination should not proceed.

The driver will also sign the declaration regarding disclosure of information to acknowledge that they understand and agree with how their health information will be used.

The form should be retained by the doctor and filed in the driver's medical record. For privacy reasons, it should not be returned to the requesting organisation, if there is one.

### **ASSESSING FITNESS TO DRIVE (Pages 7 to 10)**

#### ***Clinical Assessment Record***

The *Clinical Assessment Record* is a tool to guide the health assessment process. It provides a standard format for recording the results of the assessment and the reasons for the fitness to drive conclusions. The doctor records the results of the assessment and retains the form in the driver's confidential medical record. The doctor will then summarise the results in terms of the driver meeting the medical criteria on the *Fitness to Drive Report* form (see below).

For privacy reasons, the completed *Clinical Assessment Record* must not be forwarded to the requesting organisation, if there is one.

**IN-CONFIDENCE WHEN COMPLETED**

**Health Assessment for Fitness to Drive**

**DRIVER HEALTH QUESTIONNAIRE**  
(to be completed by driver)

**Driver information:**

Surname:	Given name(s):
Address:	
Date of birth:	Phone:
Driver licence number:	State of issue:

**Employer information:**

Employer name:	
Address:	Phone:

**Instructions for completion:**

Please answer the questions by ticking the appropriate box. If you are not sure what a question means, leave the answer blank and the doctor will help you. The doctor will ask you additional questions during the examination. On completion of the questionnaire you will be asked to sign a declaration to confirm the accuracy of your responses.

Please bring with you to the assessment:

- A list of current prescription, non-prescription and complementary medicines
- Glasses/contact lenses and hearing aids if you use them
- Disease management plans (e.g. sleep disorder management plan, diabetes management plan)

**Disclosure of health information:**

**Please read carefully and sign to indicate you understand how health information is reported, stored and accessed.**

The details of your health assessment will remain confidential and will only be reported to the requesting organisation in terms of whether you meet the medical criteria for driving a commercial vehicle. The examining health professional retains all detailed medical papers including your questionnaire responses and the completed record of clinical findings. The examining health professional will provide you with the report form to return to the requesting organisation indicating your fitness for duty classification. Other than the above, your personal information will not be disclosed to any other person or organisation without your written permission, except when required by law.

You have the right to access your health records including those held by the examining doctor and the reports held by the requesting organisation.

**Driver's declaration**

I have read and understood the above statement concerning the health information provided in this document.

Signature of driver

Date

**Consent to contact treating health professionals**

I consent to the examining doctor contacting my treating health professionals to clarify aspects of my medical management.

Signature of driver

Date

**IN-CONFIDENCE WHEN COMPLETED**

**Questions:**

- |   |  |
|---|--|
| 1. Are you currently attending a health professional for any illness, injury or disability? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 2. Are you taking any prescription, non-prescription or complementary medicines?            | <input type="checkbox"/> No <input type="checkbox"/> Yes |

If YES to Question 1 or 2 please provide brief details:

**Doctor's comments:**

**3. Do you suffer from or have you ever suffered from any of the following:**

- |   |  |  |  |
|---|--|--|--|
| 3.1 High blood pressure                   | <input type="checkbox"/> No <input type="checkbox"/> Yes | 3.11 Stroke  | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 3.2 Heart disease                         | <input type="checkbox"/> No <input type="checkbox"/> Yes | 3.12 Dizziness, vertigo, problems with balance                             | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 3.3 Chest pain, angina                    | <input type="checkbox"/> No <input type="checkbox"/> Yes | 3.13 Memory loss or difficulty with attention or concentration             | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 3.4 Any condition requiring heart surgery | <input type="checkbox"/> No <input type="checkbox"/> Yes | 3.14 Other neurological disorder   | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 3.5 Palpitations / irregular heartbeat    | <input type="checkbox"/> No <input type="checkbox"/> Yes | 3.15 Neck, back or limb disorders  | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 3.6 Abnormal shortness of breath          | <input type="checkbox"/> No <input type="checkbox"/> Yes | 3.16 Double vision, difficulty seeing                                      | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 3.7 Diabetes                              | <input type="checkbox"/> No <input type="checkbox"/> Yes | 3.17 Colour blindness  | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 3.8 Head injury, spinal injury            | <input type="checkbox"/> No <input type="checkbox"/> Yes | 3.18 Hearing loss or deafness or had an ear operation or use a hearing aid | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 3.9 Seizures, fits, convulsions, epilepsy | <input type="checkbox"/> No <input type="checkbox"/> Yes | 3.19 A psychiatric illness or nervous disorder                             | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 3.10 Blackouts or fainting                | <input type="checkbox"/> No <input type="checkbox"/> Yes |  |  |

**Doctor's comments:**

- |  |  |
|--|--|
| 4. Have you ever had any other serious injury, illness, disability, operation or accident or been in hospital for any reason? (please describe). | <input type="checkbox"/> No <input type="checkbox"/> Yes |
|--|--|

**Doctor's comments:**

**5. Sleep**

- |   |  |
|---|--|
| 5.1 Have you ever been tested for a sleep disorder or been told by a doctor that you have a sleep disorder, sleep apnoea or narcolepsy? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 5.2 Has anyone told you that your breathing stops or is disrupted by episodes of choking during your sleep?                             | <input type="checkbox"/> No <input type="checkbox"/> Yes |

**IN-CONFIDENCE WHEN COMPLETED**

5.3	How likely are you to doze off or fall asleep in the following situations, in contrast to just feeling tired? <i>This refers to your usual way of life in recent times. If you haven't done some of these things recently try to work out how they would have affected you.</i>	would never doze off <b>(0)</b>	slight chance of dozing <b>(1)</b>	moderate chance of dozing <b>(2)</b>	high chance of dozing <b>(3)</b>
a	Sitting and reading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b	Watching TV	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c	Sitting inactive in a public place (e.g. a theatre or a meeting)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d	As a passenger in a car for an hour without a break	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e	Lying down to rest in the afternoon when circumstances permit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f	Sitting and talking to someone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g	Sitting quietly after a lunch without alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h	In a car, while stopped for a few minutes in the traffic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Doctor's comments:**

**6. Alcohol**

**6.1** Have you ever sought assistance for alcohol or substance use issues?  No  Yes

<b>6.2</b>	<b>Please circle the answer that best describes your situation.</b>	<b>(0)</b>	<b>(1)</b>	<b>(2)</b>	<b>(3)</b>	<b>(4)</b>
a	How often do you have a drink containing alcohol?	Never	Monthly or less	2 to 4 times per month	2 to 3 times per week	4 or more times per week
b	How many drinks containing alcohol do you have on a typical day when you are drinking?	1 or 2	3 to 5	5 to 6	7 to 9	10 or more
c	How often do you have six or more drinks on one occasion?	Never	Monthly or less	2 to 4 times per month	2 to 3 times per week	4 or more times per week
d	How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Monthly or less	2 to 4 times per month	2 to 3 times per week	4 or more times per week
e	How often during the last year have you failed to do what was normally expected from you because of drinking?	Never	Monthly or less	2 to 4 times per month	2 to 3 times per week	4 or more times per week
f	How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	Never	Monthly or less	2 to 4 times per month	2 to 3 times per week	4 or more times per week
g	How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Monthly or less	2 to 4 times per month	2 to 3 times per week	4 or more times per week
h	How often during the last year have you been unable to remember what happened the night before because you had been drinking?	Never	Monthly or less	2 to 4 times per month	2 to 3 times per week	4 or more times per week
i	Have you or someone else been injured as a result of your drinking?	No		Yes, but not in the last year		Yes, during the last year
j	Has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?	No		Yes, but not in the last year		Yes, during the last year

**Doctor's comments**

**IN-CONFIDENCE WHEN COMPLETED**

**Other**

- |   |  |
|---|--|
| 7. Do you currently use illicit drugs?  | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 8. Do you use any drugs or medications not prescribed for you by your doctor?     | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| 9. Have you been in a vehicle crash since your last fitness to drive examination? | <input type="checkbox"/> No <input type="checkbox"/> Yes |

**Doctor's comments**

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**Driver's declaration – accuracy and completeness of information provided**

To the best of my knowledge the answers given above are accurate and complete:

Signature of driver

Date

Signature of examining doctor

Date

**IN-CONFIDENCE WHEN COMPLETED**

**Health Assessment for Fitness to Drive**

**CLINICAL ASSESSMENT RECORD**

**Driver information:**

Surname:	Given name(s):
Address:	
Date of birth:	Phone:
Driver licence number:	State of issue:

**Employer information:**

Employer name:	
Address:	Phone:

**Nature of driving duties:**

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**CLINICAL ASSESSMENT:**

**1. Vision**

**1.1 Visual acuity** (refer AFTD, page 119)

Are glasses or contact lenses worn?  Yes  No

	R	L	Both
Without Correction	6 /	6 /	6 /
With Correction	6 /	6 /	6 /

Meets criteria  Without correction  With correction  
 Does not meet criteria

**1.2 Visual Fields**  Normal  Abnormal (refer AFTD, page 120)

**Comments:**

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**2. Hearing** (refer AFTD, page 64)

Does initial clinical assessment indicate possible hearing loss? (Clinical tests used to screen for hearing impairment include testing whether a person can hear a whispered voice, a finger rub, or a watch tick at a specific distance. Perceived hearing loss can be assessed by asking a single question (for example, "Do you have difficulty with your hearing?" as per the Driver Health Questionnaire)  Yes  No

If yes:

Are hearing aids worn?  Yes  No

Refer for audiometry if indicated

		Hearing level at frequencies (db)							Average of 0.5,1,2,3 kHz
		0.5kHz	1.0kHz	1.5kHz	2.0kHz	3.0kHz	4.0kHz	6.0kHz	8.0kHz
Right ear									
Left ear									

Meets criteria  Without hearing aid  With hearing aid  
 Does not meet criteria

**Comments:**

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**IN-CONFIDENCE WHEN COMPLETED**

**3. Cardiovascular system** (refer AFTD p 37-55)

Relevant findings from questionnaire:

<b>Blood pressure</b>	Repeated (if necessary)
Systolic	Systolic
Diastolic	Diastolic

**Pulse rate**                beats/min     Normal     Abnormal  
**Heart sounds**                                     Normal     Abnormal  
**Peripheral pulses**                                 Normal     Abnormal

**Comments** (including comments regarding overall cardiac risk and risk factors e.g obesity, smoking, exercise, stress):

**4. Diabetes** (Refer AFTD p 56-62)

Existing diabetes?                                 No             Yes

**Comments:**

**5. Musculoskeletal / neurological system**

(Refer AFTD p 66-69)

Relevant findings from questionnaire:

Cervical spine rotation                         Normal     Abnormal  
 Back movement                                     Normal     Abnormal  
 Upper limbs:    (a) Appearance                         Normal     Abnormal  
                       (b) Joint movements                         Normal     Abnormal  
 Lower limbs:    (a) Appearance                         Normal     Abnormal  
                       (b) Joint movements                         Normal     Abnormal  
 Reflexes     Normal     Abnormal  
 Romberg's sign\*                                     Normal     Abnormal

(\* A pass requires the ability to maintain balance while standing with shoes off, feet together side by side, eyes closed and arms by sides, for thirty seconds)

**Comments:**

**6. Psychological health** (Refer AFTD p 100-104)

Relevant findings from questionnaire:

**Mental state examination:**

Appearance .....     Normal             Abnormal  
 Attitude.....             Normal             Abnormal  
 Behaviour.....             Normal             Abnormal  
 Mood and affect.....     Normal             Abnormal  
 Thought form stream and content.....     Normal             Abnormal  
 Perception.....             Normal             Abnormal  
 Cognition.....             Normal             Abnormal  
 Insight.....                 Normal             Abnormal  
 Judgement.....             Normal             Abnormal

**Comments:**

**7. Sleep disorders** (Refer AFTD p 105-109)

Existing sleep disorder?                         No             Yes

**ESS Score (Screen):**

(Q 5 of Driver Health Questionnaire)

(Score > 16 is consistent with moderate to severe excessive daytime sleepiness)

Clinical signs of sleep disorder                         Absent             Present

**Comments:**

**8. Substance misuse** (Refer AFTD p 110-115)

Note: Drug screening not routinely required.

**Existing substance use disorder?**

No             Yes

**Audit Score (Screen):**

(Q6 of Driver Health Questionnaire)

(Score > 8 indicates strong likelihood of hazardous or harmful alcohol consumption)

Clinical signs of substance misuse                         Absent             Present

**Comments:**



9. Medication

Specify:

**IN-CONFIDENCE WHEN COMPLETED**

**SUMMARY**

Summarise significant findings

Are any further investigations or referrals required?  Yes (describe) No

What is the recommendation for this driver in terms of fitness to drive?

- Unconditionally** meets the medical criteria – meets all relevant medical criteria (no restrictions)
- Conditionally** meets the medical criteria for fitness to drive – has a medical condition that may impact on fitness to drive but it is well controlled and meets the conditional criteria in *Assessing Fitness to Drive 2012*. Indicate also if:

Driver requires aids to drive:

Vision aids  Hearing aids  Other devices or vehicle modifications (specify)

Driver requires more frequent review than prescribed under normal periodic review:

Specify recommended review:

- Temporarily** does not meet the medical criteria (unconditional or conditional) – pending further investigation and treatment (record details).

- Permanently** does not meet the medical criteria (record details)

**IN-CONFIDENCE WHEN COMPLETED**

**Contact(s) with other treating health professional(s)**

Note: Contact is to be made with patient's consent as per questionnaire

**Contact with requesting organisation (if relevant and clinically warranted)**

If the driver is classified *Temporarily or Permanently does not meet the medical criteria*, send Fitness to Drive Report immediately to requesting organisation, if relevant.

Details of contact made

Name of doctor (Stamp Required)

Signature of doctor

Date